

APRIL 2022

Y Dderwen Frenhinol



**TAKE – AWAY MENU
ROYAL OAK, NEWPORT
TEL :- (01239) 820 632**










We would like to bring to your attention that all our meals are home made and cooked to order, there will be delays during busy periods. Your patience is very much appreciated.

Any alterations to the meals as stated in the menu will result in delays

**PRICES SUBJECT TO CHANGE
DIOLCH, THANK YOU.**

CURRIES (Served with Rice)

”	CHICKEN TANDOORI MASALA <i>Served in a medium hot spiced sauce with onions, tomatoes, cream, Yoghurt, garlic & spices.</i>	£12.00
”	CHICKEN KORMA <i>Mild creamy sauce with coconut.</i>	£12.00
”	CHICKEN MADRAS <i>Tender chicken in a hot Madras sauce with coconut.</i>	£12.00
””	CHICKEN VINDALOO	£12.00
””	CHICKEN ROGAN JOSH <i>Tender Chicken pieces in a rich medium sauce with onions & tomatoes</i>	£12.00
””	LAMB ROGAN JOSH <i>Lamb pieces in a rich medium sauce with onions & tomatoes</i>	£13.95
”	LAMB MADRAS <i>Tender Lamb in a hot spicy Madras sauce.</i>	£13.95
””	PULLED LAMB TANDOORI MASSALA <i>Served in a medium hot spiced sauce with onions, tomatoes, cream, Yoghurt, garlic & spices</i>	£13.95
””	BEEF CEYLON <i>Tender chunks of Welsh beef marinated in an aromatic flavour of Ceylon spices, served in a hot curry sauce</i>	
”	BEEF MADRAS <i>Tender chunks of Welsh beef marinated in an aromatic flavour of madras spices, served in a hot curry sauce.</i>	£13.95
”	KING PRAWN MASALA - (SUBJECT TO AVAILABILITY) <i>Fresh Sea prawns in a medium curry sauce.</i>	£14.95
””	PRAWN MADRAS – (SUBJECT TO AVAILABILITY) <i>Fresh Sea prawns in a medium hot curry sauce</i>	£14.95
””	KING PRAWN KORMA – (SUBJECT TO AVAILABILITY) <i>Fresh Sea prawns in a mild creamy sauce with coconut.</i>	£14.95
”	LAMB BALTI <i>Tender Lamb in a rich medium hot sauce with peppers & onion</i>	£14.95
””	CHICKEN & MUSHROOM BALTI <i>Chunks of chicken in a rich medium hot sauce with mushrooms</i>	£14.95
”	CHICKEN BALTI <i>Chunks of chicken in a rich medium hot sauce</i>	£14.95

	VEGETABLE TIKKA MASALA	£10.00
	Seasonal veg which may include Baby corn, fine beans & carrots in a mild creamy curry sauce.	
 	VEGETABLE ROGAN JOSH	£10.00
	Local Seasonal Vegetables in a medium curry sauce.	
	SPINACH DAHL VGN	£10.00
	Red lentils & spinach cooked with a medium blend of aromatic Indian spices.	
 	VEGETABLE BALTI	£10.00
	Succulent & spicy egg plant, courgettes, tomatoes & carrot in a medium hot sauce	
	Okra Massala VGN	£10.00
 	Mushroom Tandoori Massala with potato & Spinach	£10.00
 	Palak A Chole Massala (Chickpea Curry) VGN	£10.00
	Beetroot & Carrot Massala VGN	£10.00

ALL CURRIES ARE GLUTEN FREE

TO ACCOMPANY YOUR MEAL

Naan Bread	£2.50	Extra Popadom	£1.00
Vegetable Samosa x2	£2.50	Lamb Samosa x2	£2.50
Vegetable Spring Roll x6	£2.50	Rice	£1.00
Yoghurt Reita	£2.50	½ Rice & ½ Chips	£2.00
Extra Chips	£3.00	Dahl	£7.00

STARTERS

Soup of the Day (<i>served with bread roll & butter</i>)	£4.99
Welsh Cawl (<i>served with mature cheddar cheese, bread roll & butter</i>)	£6.50
Garlic Mushrooms (<i>served with bread roll & butter</i>)	£7.00
Hummus , Olives, pickled pepper, salad garnish with bread NO ROLL	£6.00
Falafel , Hummus, Olives, pickled pepper, salad garnish with bread NO ROLL	£6.99
Char-grilled Chicken Goujons, garlic mayo (<i>served with bread roll & butter</i>)	£6.95
Deep-fried Whitebait (<i>served with bread roll & butter</i>)	£6.95

MAIN MEALS

TRADITIONAL

Royal Oak Meat Lasagne with chips	£9.00
Cottage Pie with chips	£9.00
Shepherd's Pie with chips	£9.00
Sausage x2 with chips	£9.00
Faggots in Gravy with chips	£9.00
Beef Burger roll with chips	£9.00
Lamb & Mint Burger with chips	£9.00
Ham & Chips	£8.00
Deep Fried Breaded Chicken Escalope with chips	£9.00

FROM THE SEA

Traditional Fried Fish & chips in a homemade light crispy batter	£10.00
Succulent Fried Scampi coated in a light & crisp breadcrumb	£10.00
Grilled Salmon, lemon butter sauce with Seasonal Veg & New Potatoes	£16.95
Grilled Sea bass fillet, lemon butter sauce with Seasonal Veg & New Potatoes	£16.95
Fresh Haddock, lemon butter Sauce with Seasonal Veg & New Potatoes	£16.95
Fresh Hake lemon butter Sauce with Seasonal Veg & New Potatoes	£16.95
Fresh Grill Plaice Fillet with Seasonal Veg & New Potatoes	£16.95

VEGETERIAN (*See also the vegetarian curries*)

Vegetable Lasagne	£9.00
Broccoli & Cream Cheese Bake	£9.00
Pasta Bake with Chips	£9.00
Veg burger with chips	£8.00

FROM THE GRILL

10-oz Rib Eye Steak & chips.	£19.95
10-oz Sirloin Steak & chips	£19.95
12oz Gammon Steak & chips	£14.95
Char-Grilled Marinated Chicken fillet with chips	£12.00
Grilled Lamb Chops with chips (3chop)	£14.95
Beef Stroganoff with Rice	£18.95

Tender strips of beef sautéed' in butter Flamed in brandy with a drop of cream.

SIDE ORDERS

Curry Sauce	£4.00	Egg	£1.50
Extra Portion Chips	£3.00	Extra gravy	£3.00
Royal Oak Salad Bowl	£3.00	Pepper sauce	£3.00
Seasonal vegetables (Carrot & Suede and Broccoli)		Dianne sauce	£3.00
Cauliflower cheese	£4.00	Meat / Veg Samosa	£4.00
Garlic Bread	£2.50	Onion Rings	£2.00
Garlic Cheese Potatoes	£5.00	Chips & Curry Sauce	£4.00
Baked Beans	£1.50		£7.00
Sweet Potato Fries	£3.50		

CHILDREN'S MENU

Beef burger Roll & Chips	£5.95
Fish Finger & Chips	£5.95
Sausage & Chips	£5.95
Chicken Nuggets & Chips	£5.95
Childs Chicken Korma & Rice	£7.00
Childs Scampi & Chips	£4.95
Chicken Dippers & Chips	£4.95

Desserts

Hot Chocolate Puddle Pudding with a chocolate sauce	£5.00
Hot Sticky Toffee Pudding with toffee sauce	£5.00
Hot Lemon Sponge Pudding with a tangy lemon sauce	£5.00
Hot Ginger Sponge Pudding with a ginger sauce	£5.00
Spiced Ginger & Sticky Toffee Pudding with butterscotch sauce	£5.00
Apple Crumble with custard	£6.00

SUNDAY LUNCH

Roast Beef £11.99

Roast Lamb £12.99

Roast Chicken £11.99

Nut Roast Slice £11.99

Served with

**Roast Potatoes, Yorkshire Pudding, Carrot & swede mash, cauliflower-cheese
and gravy.**

TAKE AWAY SANDWICHES AVAILABLE FROM 12.00PM

All Sandwiches are freshly prepared

Mixed Cheese	£4.00
Tuna mayonnaise	£4.00
Ham	£4.00
Ham Cheese	£4.00
Chicken Tikka	£4.00
Hummus	£4.00