

# *Y Dderwen Frenhinol*



**ROYAL OAK, NEWPORT**  
**TEL :- (01239) 820 632**

**KINDLY PAY FOR YOUR FOOD AT THE BAR WHEN ORDERING, THANK YOU**

**We would like to bring to your attention that all our meals are home made and cooked to order, there will be delays during busy periods. Your patience is very much appreciated.**

**Any alterations to the meals as stated in the menu will result in delays**

**PLEASE ASK TO SEE OUR WINE LIST**

**DIOLCH, THANK YOU.**




# AUTHENTIC INDIAN FOODS

(All available for take away)

## CURRIES (Served with Rice, Mango Chutney & Poppadum):-

”	<b>CHICKEN TANDOORI MASALA GF</b> <i>Served in a medium hot spiced sauce with onions, tomatoes, cream, Yoghurt, garlic &amp; spices.</i>	£13.95
”	<b>CHICKEN KORMA GF</b> <i>Mild creamy sauce with coconut.</i>	£13.95
”	<b>CHICKEN MADRAS GF</b> <i>Tender chicken in a hot Madras sauce.</i>	£13.95
””	<b>CHICKEN VINDALOO GF</b> <i>Spicy chunks of chicken in a very hot Vindaloo sauce</i>	£13.95
”	<b>CHICKEN ROGAN JOSH GF</b> <i>Tender Chicken pieces in a rich medium sauce with onions &amp; tomatoes</i>	£13.95
””	<b>LAMB ROGAN JOSH GF</b> <i>Lamb pieces in a rich medium sauce with onions &amp; tomatoes</i>	£15.95
”	<b>LAMB MADRAS GF</b> <i>Tender Lamb in a hot spicy Madras sauce.</i>	£15.95
””	<b>BEEF CEYLON - (SUBJECT TO AVAILABILITY) GF</b> <i>Tender chunks of Welsh beef marinated in an aromatic flavour of Ceylon spices, served in a hot curry sauce</i>	£15.95
”	<b>BEEF MADRAS GF</b> <i>Tender chunks of Welsh beef marinated in an aromatic flavour of madras spices, served in a hot curry sauce.</i>	£15.95.
”	<b>VEGETABLE TIKKA MASALA GF</b> <i>Seasonal veg which may include Baby corn, fine beans &amp; carrots in a mild creamy curry sauce.</i>	£11.75
”	<b>VEGETABLE ROGAN JOSH GF</b> <i>Local Seasonal Vegetables in a medium curry sauce.</i>	£11.75
”	<b>SPINACH DAHL GF</b> <i>Red lentils &amp; spinach cooked with a medium blend of aromatic Indian spices.</i>	£11.75
”	<b>KING PRAWN MASALA - (SUBJECT TO AVAILABILITY) GF</b> <i>Fresh Sea prawns in a medium curry sauce.</i>	£16.99
”	<b>PRAWN MADRAS – (SUBJECT TO AVAILABILITY) GF</b> <i>Fresh Sea prawns in a medium hot curry sauce</i>	£16.99
”	<b>KING PRAWN KORMA – (SUBJECT TO AVAILABILITY) GF</b> <i>Fresh Sea prawns in a mild creamy sauce with coconut.</i>	£16.99

## BALTI DISHES (Served with Nann Bread, Mango Chutney & Poppadom):-

	<b>LAMB BALTI</b> <b>GF</b> <i>Tender Lamb in a rich medium hot sauce with peppers &amp; onion</i>	<b>£15.95</b>
	<b>CHICKEN &amp; MUSHROOM BALTI</b> <b>GF</b> <i>Chunks of chicken in a rich medium hot sauce with mushrooms</i>	<b>£14.95</b>
	<b>CHICKEN BALTI</b> <b>GF</b> <i>Chunks of chicken in a rich medium hot sauce</i>	<b>£14.95</b>
	<b>VEGETABLE BALTI</b> <b>GF</b> <i>Succulent &amp; spicy eggplant, courgettes, tomatoes &amp; carrot in a medium hot sauce</i>	<b>£12.50</b>

**Caution: We would like to advise that all Baltis are served in very hot cast iron dishes**

### TO ACCOMPANY YOUR MEAL

Naan Bread	£2.50	Extra Poppadom <b>GF V</b>	£1.00
Vegetable Samosa	£3.50	Lamb Samosa	£3.50
Vegetable Spring Roll	£3.50	Rice	£2.50
Yoghurt Reita <b>GF</b>	£1.50	½ Rice & ½ Chips	£1.00
Extra Chips	£2.75	Dahl <b>GF</b>	£7.50

Our Curries are made with real spices to give a real authentic taste. You may find these curries slightly hotter & spicier in taste to bring the natural flavours.

Beware if you cannot tolerate heat, spices or taste do not order curries. There will be no refund made.

**GF**-----Gluten Free  
**V**\_\_\_\_\_ Vegan

## STARTERS

All starters are served with salad garnish, bread roll & butter (unless otherwise stated)

Soup of the Day <i>(served with bread roll &amp; butter)</i>	£5.50
Garlic Mushrooms <i>(served with bread roll &amp; butter)</i> GF	£6.95
Hummus, Olives salad garnish with Pita bread NO ROLL GF V	£6.95
Falafel Platter <i>(Hummus, olives, pickled peppers)</i> with Pita bread. GF V	£6.95
Smoked Salmon GF	£7.50
Fried Goujons of Lemon Sole with homemade tartare sauce	£6.95
Char-grilled garlic Chicken Goujons with garlic mayonnaise GF	£6.95
Deep-fried Whitebait	£6.95
Deep- Crab Cakes	£6.95

## MAIN MEALS

All main meals are served with chips and peas (Unless otherwise stated)

### TRADITIONAL

Welsh Cawl <i>(served with mature cheddar cheese, bread roll &amp; butter)</i>	£8.50
Meat Lasagne	£11.95
Cottage Pie	£11.95
Shepherd's Pie	£11.95
Sausage, Mash, Peas & Gravy	£11.95
Faggots in Gravy	£11.95
Steak & Ale Pie	£14.95
6oz Beef Burger roll	£11.95
Ham Egg & Chips (No Peas) GF	£10.95
Deep Fried Breaded Chicken Escalope	£10.95

### FROM THE SEA

Traditional Fried Fish & chips in a homemade light crispy batter with homemade tartare sauce (Cod / Haddock)	£12.95
Succulent Fried Scampi coated in a light & crisp breadcrumb	£10.95
Seafood Platter <i>served with Salad garnish and new Potatoes. (Deep-fried Whitebait, Goujons of Lemon Sole, Smoked Salmon and Saute'd garlic Prawns with green lip mussels.)</i>	£22.95

### VEGETERIAN *(See also the vegetarian curries)*

Vegetable fried rice (served with a mild curry sauce)	£9.95
Vegetable Lasagne GF	£9.95
Broccoli & Cream Cheese Bake GF	£10.95
Pasta Bake with Royal Oak Salad	£9.95

## FROM THE GRILL

<b>10-oz Rib Eye Steak served with Onion Rings, Tomato &amp; chips.</b> GF without onion rings	<b>£22.95</b>
<b>10-oz Sirloin Steak with Onion Rings, Tomato &amp; chips</b> GF without onion rings	<b>£22.95</b>
<b>12oz Gammon Steak with Pineapple or Egg served Onion Rings, Tomato &amp; chips</b> GF without onion rings	<b>£15.95</b>
<b>Hunter's Chicken</b> chargrilled chicken breast, topped with Cheddar and bacon, served with chips, peas and barbecue sauce	<b>£15.95</b>
<b>Char-Grilled Marinated Chicken fillet</b> GF <i>Served with new potatoes &amp; seasonal vegetables</i>	<b>£12.75</b>
<b>Roast Lamb Shank with Royal Oak Gravy</b> <i>Served with new potatoes &amp; seasonal vegetables</i>	<b>£18.95</b>
<b>Grilled Lamb Chops</b> GF <i>Served with Chips &amp; Peas</i>	<b>£11.95</b>
<b>Beef Stroganoff</b> GF <i>Tender strips of beef fillet sautéed' in butter Flamed in brandy with a drop of cream.</i>	<b>£19.95</b>

## SALADS

<b>Beef Salad</b> GF <i>Tender strips of Welsh fillet of beef sautéed' in butter</i>	<b>£19.95</b>
<b>Char-Grilled Marinated Chicken Salad</b> GF <i>Served with new potatoes</i>	<b>£13.95</b>
<b>Chicken Caesar Salad</b> <i>Succulent strips of chicken with Smoked bacon, croutons and grated parmesan On a bed of crisp lettuce leaves with a Caesar dressing.</i>	<b>£12.95</b>
<b>Cheddar Cheese Salad</b> GF	<b>£11.99</b>
<b>Smoked Salmon Salad</b> GF	<b>£12.50</b>
<b>Ham Salad</b> GF	<b>£10.95</b>

All the above are served with Royal Oak Salad and New potatoes.

## SIDE ORDERS

<b>Sweet Potato Fries</b>	<b>£3.50</b>	<b>Curry Sauce</b>	<b>£3.50</b>
<b>Extra Portion Chips</b>	<b>£2.75</b>	<b>Extra gravy</b>	<b>£2.00</b>
<b>Royal Oak Salad Bowl</b>	<b>£3.50</b>	<b>Pepper sauce</b>	<b>£3.50</b>
<b>Seasonal vegetables (Carrot &amp; Suede and Broccoli)</b>			<b>£3.50</b>
<b>Cauliflower cheese</b> GF	<b>£3.50</b>	<b>Dianne sauce</b> GF	<b>£3.50</b>
<b>Garlic Bread</b>	<b>£3.50</b>	<b>Meat / Veg Samosa</b>	<b>£2.50</b>
<b>Garlic Cheese Potatoes</b> GF	<b>£3.50</b>	<b>Onion Rings</b>	<b>£3.50</b>
<b>Baked Beans</b>	<b>£1.75</b>	<b>Chips &amp; Curry Sauce</b>	<b>£5.50</b>
<b>Egg</b>	<b>£1.00</b>	<b>Pineapple</b>	<b>£1.00</b>

**We would like to bring to your attention that all meals are cooked to order and there may be delays during busy periods.**

**Your patience is very much appreciated.**



<i>Poached Fresh Salmon served with Royal Oak Salad &amp; New Potatoes.</i>	<b>GF</b>	<b>£16.95</b>
<i>Grilled Fresh Salmon</i>	<b>GF</b>	
<i>Served with Seasonal Veg &amp; New Potatoes.</i>		<b>£16.95</b>
<i>Grilled Sea bass fillet with a Lemon Butter Sauce.</i>	<b>GF</b>	
<i>Served with New Potatoes &amp; Seasonal Vegetables.</i>		<b>£16.95</b>
<i>Fresh Grilled Haddock with Lemon Butter Sauce,</i>	<b>GF</b>	
<i>Served with New Potatoes &amp; Seasonal Vegetables.</i>		<b>£15.95</b>
<i>Fresh Breaded Plaice Fillet</i>		
<i>Served with peas, chips &amp; Goodbye Sauce.</i>		<b>£15.99</b>
<i>Fresh Grilled Plaice fillet</i>	<b>GF</b>	
<i>Served with Seasonal Vegetables and New potatoes.</i>		<b>£15.99</b>
<i>Seafood Platter</i>		
<i>Small salad garnish with sauté king prawn &amp; green lip mussels whitebait, deep-fried lemon sole goujons and smoked salmon. Served with New potatoes.</i>		<b>£22.95</b>

# CHILDREN'S MENU

<b>Beef burger, peas/Beans &amp; Chips</b>	<b>£5.95</b>
<b>Fish Finger, peas/Beans &amp; Chips</b>	<b>£5.95</b>
<b>Sausage, peas/Beans &amp; Chips</b>	<b>£5.95</b>
<b>Chicken Nuggets, peas/Beans &amp; Chips</b>	<b>£5.95</b>
<b>Childs chicken burger peas/Beans Chips</b>	<b>£5.95</b>
<b>Childs Chicken Korma &amp; Rice GF Mango chutney &amp; Popadom</b>	<b>£6.95</b>
<b>Childs Scampi, peas &amp; Chips</b>	<b>£5.95</b>
<b>Childs Penne Pasta with tomato Sauce</b>	<b>£5.95</b>
<b>Childs Meat Balls in tomato Sauce with Rice</b>	<b>£6.99</b>



# ROYAL OAK AFTER DINNER MENU

## Desserts

<b>Hot Chocolate Puddle Pudding</b>	<b>£5.95</b>
A light homemade chocolate sponge with a smooth chocolate puddle centre smothered with a tantalising chocolate sauce & vanilla ice cream.	
<b>Hot Sticky Toffee Pudding</b>	<b>£5.95</b>
A delicious homemade sticky sponge drizzled with mouth-watering toffee sauce, Served with vanilla ice-cream	
<b>Fresh Fruit Pavlova GF</b>	<b>£5.95</b>
A deluxe homemade fresh fruit Pavlova garnished with fruit & cream	
<b>Cheese Cakes Please ask for the choice</b>	<b>£4.00</b>
<b>Hot Ginger Sponge Pudding</b>	<b>£5.95</b>
A delightful homemade sponge served with a ginger sauce & vanilla ice cream	
<b>Royal Oak Apple Crumble with custard</b>	<b>£5.95</b>

## Ice Cream

<b>Vanilla,</b>	<b>£3.95</b>
<b>Chocolate,</b>	<b>£3.95</b>
<b>Strawberry,</b>	<b>£3.95</b>
<b>Brandy &amp; Ginger</b>	<b>£4.50</b>
<b>Super mix</b>	<b>£4.50</b>
Chocolate chips, caramel and butterscotch contains -pecan & almond nuts	
<b>Luxury Honey Pot Ice cream</b>	<b>£4.50</b>
Vanilla, toffee ice cream topped with honey & pecan nuts served in an earthenware pot	
<b>Lemon Sorbet</b>	<b>£4.50</b>
<b>Raspberry Sorbet</b>	<b>£4.50</b>
<b>Cheese plate</b> - Mature Cheddar & Garstang Blue with savoury biscuits, apple & fig chutney, celery & grapes	<b>£7.95</b>

To Share -

*Please ask for our weekly desert specials*

## Hot Drinks

<b>Coffee &amp; Cream</b>	<b>£2.20</b>
<b>Pot of Tea</b>	<b>£2.00</b>
<b>Cappuccino</b>	<b>£2.20</b>
<b>Hot Chocolate</b>	<b>£2.20</b>
<b>Deluxe Hot Chocolate -Marshmallow &amp; Cream-</b>	<b>£3.50</b>
<b>Gaelic Coffee</b>	<b>£5.75</b>
<b>French Coffee</b>	<b>£5.75</b>
<b>Disaronno (Amaretto) Coffee</b>	<b>£5.75</b>

\* = Contains alcohol.

† = Contains tree nuts and/or peanuts

(V) = made with vegetarian ingredients; (ve) = made with vegan ingredients, however, some of our preparation and cooking methods could affect this.

If you require more information, please ask your server.